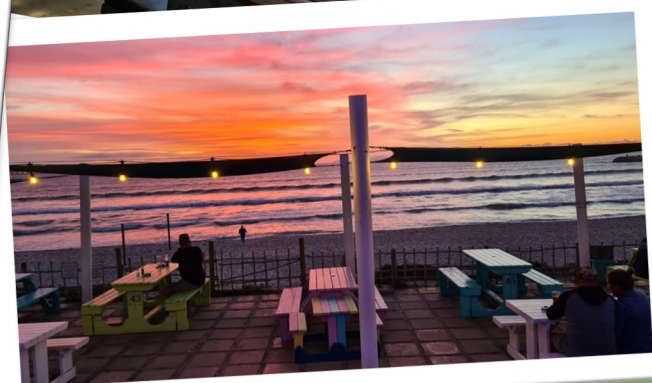


MARC'S BEACH BAR

Life's a Beach



SINCE 2015



**WHERE WE DON'T HAVE STAFF BUT FAMILY
WORK IS NOT A JOB, ITS OUR PASSION
FOOD TASTES BETTER BY THE SEA**

**WE HAVE GOOD HUMANS WORKING AT MARC'S BEACH BAR – DON'T BE A KAREN
PLEASE DO NOT MOVE TABLES BEFORE TALKING TO THE HOST/MANAGER
PLEASE DO NOT ALLOW YOUR CHILDREN TO RUN AROUND THE RESTAURANT
CORKAGE FEE – R50 PER BOTTLE (WINE ONLY – NO HARD LIQUOR)**

MAXIMUM OF 1 BOTTLE PER TWO PEOPLE

10% SERVICE CHARGE ADDED TO BILLS WITH 8 OR MORE

AT BUSY TIMES, FOOD CAN TAKE 45 MIN – 1 HOUR

PARKING, RESTAURANT AND PLAY AREA AT OWN RISK

NO OVER 12 YEAR OLDS ON JUNGLE-GYM

REGRETTABLY – NO SPLIT BILLS

CRAZY SPECIALS

Breakfast special available everyday until 10:00 am

Served with plain white or brown bread - Add R5 for our home-made bread
2 eggs, streaky bacon, Chef's handful of chips, grilled tomato, 2 slices toast, jam & butter **70**

Served from 12 to Kitchen close

MONDAY - CHICKEN SCHNITZEL **90**
grilled or deep fried
served with one side and a sauce

TUESDAY - PIZZA SPECIAL (Excludes Flatbreads, Vegan Pizza's, Garlic, Chita and Bianca Pizza's)
All medium pizza's LESS R20 OFF menu price
All large pizza's LESS R35 OFF menu price

WEDNESDAY - SIRLOIN STEAK SPECIAL **115**
250g Sirloin steak
served with one side & sauce

THURSDAY - R20 OFF THE BELOW CURRY DISHES
(BUTTER CHICKEN CURRY, THAI SEAFOOD CURRY, SEAFOOD PAELLA
AND BUTTER CHICKEN CURRY PIZZA)

Served from 4 pm to Kitchen close

SUNDAY - ALL PASTA'S LESS R20
OR CHOOSE ANY OF OUR MONDAY / TUESDAY / WEDNESDAY /
THURSDAY CRAZY SPECIALS (AFTER 4PM ONLY)

No alterations to any of the above specials!

Specials exclude kids meals

ALL SAUCES ABOVE ARE FLOUR BASED SAUCES

Not served on public holidays

For Dine - in only

T'S and C's Apply

Please note:

We do not honour any prices seen on the internet other than from our official website.

"We dream in colours borrowed from the Sea"

BLACKBOARD SPECIALS

WHEN AVAILABLE

STARTERS AND LIGHT MEALS – AVAILABLE FROM 12 NOON

6 Oysters with 2 x glasses of Papillon Brut sparkling wine	225
Chicken soup	70
Chicken broth soup served with herb and parmesan cheese crepe	
Mini butter chicken pita breads	75
3 mini pita's stuffed with butter chicken curry	
Pork belly bites - Garnished with a cucumber and carrot salad (No alterations)	95
Pork belly bites battered, deep-fried and coated in a tangy soya and citrus sauce	
Jan's Tentacles - Served with sweet chilli sauce	105
200g serving of crumbed & deep-fried calamari tentacles	
Spicy Calamari tubes - Served with a choice of one of our sides (Chef recommends rice)	110
Pan-fried calamari tubes with cajun spice, cherry tomatoes, pineapple, cream and coconut cream	

MAIN MEALS – AVAILABLE FROM 12 NOON

Veg Curry - Served with Basmati rice and 2 puff pastry fingers	110
Pan-fried mixed veggies infused with thai red curry paste, chilli, garlic, ginger and coconut cream	
Curried Pizza (Medium only)	115
A chutney base topped with butter chicken curry, mozzarella, coriander and sambals	
Bocconcini cheese and pesto pasta	
Pasta tossed with basil pesto, bocconcini mozzarella cheese and olive oil	
With chicken	140
Plain (no chicken)	125
Beef pie	160
Slow cooked pulled beef in a rich gravy, vegetables and topped with puff pastry	
Cape Malay Curry	250
Lamb curry served with basmati rice, butter roti and sambals	
Fish of the day - Cob	285
Served with a choice of one of our sides and lemon butter	

DRINKS

Papillon Mimosa Glass (Served from 8:30)	40
Papillon Mimosa Jug (Served from 8:30)	300

Have a look at our Top Shelf Whiskeys , Vodkas and Tequilas

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SPECIALS SO GOOD THEY DESERVE A STANDING OVATION

BREAKFAST

SERVED UNTIL 11H15

French Toast (Served with plain White or Brown bread)	50
2 slices of bread dipped in egg, cream and cinnamon, pan-fried, served with syrup or honey	
Eggs and Toast (Served with plain White or Brown bread)	55
2 eggs served on 2 slices of toast	
Muesli & Yoghurt	60
Muesli, plain yoghurt and fresh fruit with a drizzle of honey	
Chicken livers on toast	75
Chicken livers cooked in a creamy tomato, onion and garlic sauce with a touch of peri-peri Served on our own home-made bread (choice of whole-wheat or white)	
Add 2 eggs	90
Humus, Avo and 2 x poached eggs on toast (Served with plain White or Brown bread)	75
2 slices of toast, served with avo and humus and topped with 2 poached eggs	
Mince on Toast (Served with plain White or Brown bread)	80
Savoury mince on toast, served with baked beans	
Add 2 eggs	100
Breakfast Bata	90
1 slice of home-made bread topped with a choice of beef or chicken strips, cooked in a creamy, garlic, mushroom and onion sauce and 1 fried egg	
Hobie Breakfast (Served with plain White or Brown bread)	95
2 eggs, streaky bacon, <u>Chef's handful of chips</u> , grilled tomato, 2 slices toast	
Eggs Benedict - Bacon	105
Served with bacon – 2 poached eggs (hard or soft only) on an English muffin dressed with hollandaise sauce	
Banting Eggs Benedict	130
2 poached eggs, (hard or soft only), bacon, cherry tomatoes, mushrooms, feta, spinach and hollandaise sauce	
Eggs Benedict - Salmon	145
Served with smoked salmon – 2 poached eggs (hard or soft only) on an English muffin dressed with hollandaise sauce	
Salmon Rosti	135
3 Deep-fried potato rosti's topped with smoked salmon, cream cheese, roasted capers, rocket and drizzled with balsamic glaze (Add 2 poached eggs for an extra breakfast taste)	
Add 2 poached eggs	150
The Sunrise Burger (Beef or grilled chicken)	165
Beef/grilled chicken patty topped with a fried egg, streaky bacon and a splash of hollandaise sauce Served on a sesame bun with a side of chips. No garnish.	

ADD R5 TO SWOP YOUR PLAIN BREAD TO ONE OF OUR HOME-MADE BREADS

Add to your breakfast:

Egg	10	Jam and Butter	25
Baked beans	12	Russian	35
Mushrooms	20	Bacon	40
Grated cheese	20	Savoury mince	50
Rosti	20	Smoked Salmon	70
Hollandaise sauce	20		

ALL EGGS SERVED ARE FREE RANGE EGGS
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A MEAL WITHOUT WINE IS CALLED BREAKFAST

KIDS MENU – FOR KIDS UNDER 12

ALL KIDS MEALS ARE SERVED WITH NO GARNISH

SERVED FROM 10 AM

Margherita pizza - small (20cm)	35
Hawaii pizza - small (20cm)	45

SERVED ALL DAY

Ice-cream & chocolate sauce	30
Ice-cream cones (vanilla, strawberry or chocolate)	20
Slushy	25

SERVED FROM 12 H00

Kids bolognaise	45
Kids hake & chips (deep-fried only)	50
Fish sticks & chips	60
100G Beef burger & chips	80
100G Chicken burger & chips	80



SANDWICHES

SERVED ON PLAIN WHITE OR BROWN BREAD WITH CHIPS

ADD R5 TO SWOP FOR HOME-MADE WHOLEWHEAT OR HOME-MADE WHITE

SERVED UNTIL 5 PM

Plain Cheese	50
Cheese and Tomato	55
Chicken Mayo	65
Bacon and 2 Eggs (hard / soft)	75
Bacon and Cheese	75

PIZZA TOPPINGS (EACH)

Onion, Garlic, Chilli	10
Tomatoes, Peppers, Kewpie Mayo	20
Olives, Pineapple, Salami, Spinach, Fig	25
Avo (Seasonal), Bacon, Cheddar Cheese, Ham, Mushrooms, Peppadews, Plain Chicken	30
Cajun Chicken	35
Basil Pesto, Chicken Mayo	40
Rocket, BBQ Chicken	45
Pizza Salmon, Blue Cheese, Cream Cheese, Feta, Mince, Prawn Meat	50
Mozzerella	55
Seafood Mix	70

PIRATES PLAY BETTER BY THE SEA

PIZZA

MED - 25CM & LARGE - 30CM
Our pizza Napoli sauce may contain onions
WHEAT FREE BASE EXTRA R40 (only Medium available)
BANTING BASE EXTRA R40 (only Medium available)
Available from 10 am

PIZZA

Figgy Flatbread

110

Flatbread base topped with bacon, figs, camembert, mozzarella cheese, balsamic glaze and rocket

Margherita

Tomato base and mozzarella

Hawaiian

Ham and pineapple

4 Seasons

¼ pineapple, ¼ salami, ¼ mushrooms and ¼ olives

Regina

Mushroom and ham

Jackie's

Feta, salami, olives and garlic

Smog

Salami, mushrooms, onions and green pepper

Miss Piggy

Bacon, salami and ham

Mixed 4 Seasons

Salmon

Smoked salmon, avo, rocket, caramelized onions, cherry tomato, sesame seeds, cream cheese & a choice of sushi mayo OR wasabi mayo

Paradise

Bacon, avo and feta

Tom-Tom's Veg Pizza (contains nuts)

Basil pesto, mayo, sweet chilli and napoli base topped with onion, spinach, mushrooms, tomato and garlic

Lisa

Chicken mayo, bacon & pineapple

Knysna

Mushroom, garlic, bacon, onion and avo

Pollo Chicken (Contains sesame seeds)

Barbeque chicken, mushroom, pineapple and garlic

Seafood

Seafood mix and garlic

Med Large

60

85

80

115

85

120

90

135

90

135

90

140

95

140

95

145

110

160

120

165

120

165

125

180

125

180

140

190

155

230

IT'S ROUND, GOES IN A SQUARE BOX AND GETS CUT IN TRIANGLES

STARTERS – SERVED FROM 12

Garlic Pita	40
Garlic & Feta Pita	55
Bianca Pizza	65
Garlic, caramelized onion and feta OR mozzarella	
Chita Pizza	75
Mozzarella, chilli and garlic	
Oysters (When available)	30
Thai Mussels - 10 (Approx) - Served with homemade bread	55
Whole mussels cooked in a red curry and coconut cream sauce	
Soup of the Day	60
See our blackboard or ask your waitron	
Camembert, Mozzarella, Fig and Bacon spring rolls (2)	65
Camembert, mozzarella, bacon and fig preserve wrapped in a thin pastry	
Served with a creamy fig sauce	
Bitterballen	75
6 krokettenballe served with a mild mustard sauce or sweet chilli mayo	
Jalapeno Poppers (Made with pickled jalapenos - Can give a salty flavour)	75
3 panko crumbed and deep-fried pickled jalapeno poppers filled with cream cheese and peppadews. Served with sweet chilli mayo	
Garlic Snails	75
Escargot baked in garlic butter served with homemade bread	
Blue Snails	95
Escargot baked with garlic butter & roquefort cheese, served with homemade bread	
Crumbed Mushrooms	85
Served with tartare sauce	
Creamy Garlic Mussels (10 Approx)	90
Fresh mussels in a garlic, onion and creamy sauce, served with homemade bread	
Calamari Strips	90
100g calamari strips, floured and deep-fried, served with tartare sauce	
Calamari Tubes	95
150g calamari tubes, crumbed and deep - fried or pan - fried (Cajun or garlic)	
Tapas Platter	100
Medium garlic and feta pizza served with humus, olives and salami on the side	



NICE MUSSELS

LIGHT MEALS - SERVED FROM 12

Mac n Cheese Balls	70
Pasta, cheese sauce and bacon covered in panko crumbs and deep-fried Served with a cheese sauce	
Chicken Strips and chips - 150 g	90
Loaded Fries	80
Fries topped with cheese sauce, bacon, jalapenos and cheese	
Grilled chicken & pesto wrap (no side)	90
Grilled chicken, cream cheese, basil pesto, mayo, lettuce and tomato	
Brisket Wrap (No side)	100
Slow-roasted beef brisket topped with hummus, tzatziki, lettuce and tomato	
Trinchado Light meal (Contains Alcohol)	100
Beef strips cooked in a rich, spicy sauce with a touch of cream Served with home made bread (no alternatives)	
Calamari strips & Chips	110
100g calamari, battered and deep fried	
Chicken & Bacon Rosti	115
3 deep fried potato rosti's topped with bacon, avo, chicken, rocket, hollandaise sauce and drizzled with balsamic glaze	
Nachos - Mild or Spicy	145
Tortilla chips, cheddar & mozzarella cheese, cream cheese, guacamole and salsa	
Bacon Nachos - as above with diced bacon	165
Chicken Nachos - as above with chicken pieces (Sweet chilli or BBQ or Cajun)	185

SALADS - SERVED FROM 12

Basic green salad - base of lettuce, cucumber, tomato, and onion

Greek	80
Basic green salad with green peppers, Danish feta, carrots and olives	
Feta Salad (Contains nuts and seeds)	100
Rocket based salad topped with a deep-fried and panko crumbed feta block, fresh red onion, cherry tomato, avo and drizzled with balsamic glaze Served with a slice of toasted ciabatta bread	
Seafood Salad	120
Basic green salad topped with a mix of prawn meat, mussel meat, hake and calamari in garlic with 1 000 island dressing and 4 whole mussels	
Pelican	150
Basic green salad with cheddar cheese, cajun chicken, crispy bacon, pineapple and avo	
Side Salad	30
Lettuce, tomato, cucumber, onion and carrots	

"B.E.A.C.H. BEST ESCAPE ANYONE CAN HAVE"

BURGERS – SERVED FROM 12

All burgers served on a sesame bun with lettuce, tomato, gherkin and topped with onion rings

Chicken Burger (150g) Grilled or deep-fried	110
Beef Burger (200g)	120
Calamari Burger	130
Deep-fried calamari strips served with tartare sauce	
Sauce Burger (Choice of Chicken or Beef)	130
A choice of mushroom or pepper or cheese or mustard sauce	
Cheddar Cheese Burger (Choice of Chicken or Beef)	130
Gourmet Cheddar Melt - (Choice of Chicken or Beef)	150
Cheddar cheese topped with creamy mushroom sauce	
Gourmet Biltong - (Choice of Chicken or Beef)	185
Creamy mushroom sauce with biltong, coriander, green pepper corns, mozzarella cheese	
Gourmet Bacon, Mustard & Blue Cheese Sauce Burger - (Choice of Chicken or Beef)	185
Melted blue cheese and topped with mustard sauce with 2 pieces of bacon	

EXTRA'S – SERVED FROM 12

Flour based sauces	30
mushroom or cheese or pepper or mustard	
Cream based sauces (made on order)	50
mushroom or pepper or creamy garlic or mustard	
Cheddar cheese	20
Thin onion rings	20
Small chips	30
Large chips	75

CHICKEN – SERVED FROM 12

Served with a choice of one side - chips OR side salad OR rice OR mash OR veg OR baby potatoes

Chicken Schnitzel	110
Crumbed & Deep-Fried or Basted and Grilled	
Choice of mushroom OR pepper OR cheese OR mustard sauce (Flour based only)	
Butter Chicken Curry (Contain nuts)	130
Our version of butter chicken curry - Chicken, onions, coconut cream and garlic in a spicy yoghurt based sauce.	
Served with basmati rice and a butter roti	
Chicken Cheddar Melt	175
200g chicken fillet (grilled or crumbed and deep-fried) with cheddar cheese and topped with a creamy sherry sauce, bacon, mushroom and onions	
Carly's Special	175
Grilled chicken fillet topped with spinach, feta, mozzarella and sherry creamy cheese sauce	

I'M INTO FITNESS...FITNESS WHOLE BURGER IN MY MOUTH

COMBOS – SERVED FROM 12

Served with a choice of one side - chips OR side salad OR rice OR mash OR veg OR baby potatoes

Mussel and Calamari Strips	190
Hake and Calamari Strips	215
Kingklip and Calamari Combo	285
200g grilled kingklip and 100g calamari strips (Deep-fried)	
Hake and 5 Prawns	280
Choice of Garlic or Lemon or Peri-Peri Butter	
Surf and Turf	280
250g Sirloin steak and 100g calamari strips (Deep-fried)	
Seafood Platter for ONE	370
10 (Approx) creamy garlic mussels, 100g deep-fried calamari strips, deep-fried hake and 4 queen prawns with garlic OR lemon OR peri-peri sauce	
Seafood Platter for TWO	610
15 (Approx) creamy garlic mussels, 200g deep-fried calamari, 1 hake and 8 queen prawns with garlic OR lemon OR peri-peri sauce	

BEEF AND PORK – SERVED FROM 12

Served with a choice of one side - chips OR side salad OR rice OR mash OR veg OR baby potatoes

Pork Loin Ribs (Contains sesame seeds) – 400g

200

Sirloin / Fillet

200

210

Steak, Eggs & Onion rings

215

260

Wouter's Mushroom Steak

260

290

Pan-fried steak in a creamy, butter, mushroom and sherry sauce

Pepper Steak

260

290

Steak coated in peppercorns and pan-fried with red wine and cream

Cheddamelet Steak

285

320

Steak with melted cheddar cheese and topped with a creamy sherry sauce, bacon, mushroom and onions

Yummy Tummy Steak

300

340

Steak with melted cheddar cheese, caramelised onion, mushrooms, sherry, topped with avo and rocket drizzled with a balsamic cream

UP SIRLOIN 100G – R60

SIRLOIN 250G

FILLET 200G

WHY DID THE FRY WIN THE RACE – IT WAS FAST FOOD

SEAFOOD – SERVED FROM 12

Served with a choice of one side - chips OR side salad OR rice OR mash OR veg OR baby potatoes

6 Oysters (No side) - Have a look at our Black board specials	160
Thai Seafood Curry (No side)	150
Mixed seafood in coconut curry sauce Served with Ciabatta bread and basmati rice	
Fish - Hake	160
Hake, grilled or battered and deep-fried	
Seafood Paella (No side)	165
A mix of savoury rice, creamy curried sauce, seafood mix, veg and spices	
Kraalbaai Thermador - Baked in the oven	175
Hake, prawn meat, mussel meat, hake and calamari all mixed in a garlic & onion creamy sauce, topped with mozzarella cheese (all mixed in a bowl)	
Creamy Garlic Mussels (20 Approx) (when available)	185
Fresh mussels in a garlic, onion and creamy sauce	
Godfather mussels - Baked in the oven	190
20 half shell fresh mussels topped with a creamy garlic/mayo sauce, with bacon and mozzarella	
Calamari Strips Main	195
200g calamari strips, floured and deep-fried	
Calamari Tubes Main	205
300g calamari tubes - Crumbed and deep - fried or pan - fried (Cajun or garlic)	
Queen Prawns	
5 Queen Prawns	160
10 Queen Prawns	295
With a choice of one sauce lemon butter, garlic butter or peri peri sauce	



MARC'S BEACH BAR CAPS – R250

MARC'S BEACH BAR STICKERS – R20

I'M ON A SEAFOOD DIET – I SEE FOOD, THEN I EAT IT

PASTA – SERVED FROM 12

Available in Linguini or Penne pasta

Bolognaise	100
In a traditional tomato base bolognaise sauce and mince (contains red wine)	
Carbonara A La Marc's Beach Bar	125
In a sherry cream sauce with mushrooms, onion, ham and bacon	
Sandra's Chicken and Peppadew	135
Pan-fried chicken strips with paprika, garlic, peppadews, mushrooms and onion in a sherry, cream and parmesan cheese sauce	
Vegetarian (Contains nuts)	145
In a tomato OR creamy basil base with spinach, feta, peppadews and mushrooms	
Fiorentina	150
In a sherry cream sauce with 100g beef strips, onion, garlic, mushrooms, topped with mozzarella cheese and baked in pizza oven	
Chicken and prawn meat pasta	165
Creamy based, mild curried pasta with 100g chicken, 100g prawn meat.	
Seafood Pasta	175
Creamy based, mild curried pasta with seafood mix, topped with 4 fresh mussels	

DESSERTS

Ice – Cream and Choc sauce	50
Choice of chocolate, strawberry or vanilla	
Berry & Lemon Mousse - A perfect combination of Berry and Lemon Mousse	50
Malva Pudding - Served with ice-cream or custard or cream	60
Bar one cheese cake (no side)	80
Tiramisu (Contains alcohol)	80
Ice cream cone	20

SPECIAL COFFEES & DOM PEDRO'S

Peppermint, Vuilhond Brandy, Drunken Munkey Rum or Amarula	40
Captain Morgan, Bells	50
Kahlua, Frangelico	55
Jameson	60

Add R15 for a decaf Irish coffee

PASTA LA VISTA, BABY

VEGAN & VEGETARIAN MENU

VEGAN PIZZA'S — SERVED FROM 10 AM

All served on a base with Napoli and topped with Vegan cheese

	Med	Large
Plain Jane Tomato base and vegan cheese	75	110
Billy (no Napoli) garlic, cheese, caramelized onion	80	120
Langebaan Mushrooms, pineapple, olive, fresh tomato	100	160
Sunshine Peppadew, avo, pineapple	115	165
The Heads Mushrooms, garlic, caramelized onions, avo	120	180
Delilah Olives, fresh tomato, rocket	120	160

Vegan Pasta - served from 12H00

90

Linguine or Penne pasta served in a Napoli sauce with mushrooms, onions, peppadews and spinach

VEGETARIAN DISHES — SERVED FROM 12

Tom-Tom's Veg Pizza (contains nuts)	(Med) 120	(Large) 165
Basil pesto, mayo, sweet chilli and napoli base topped with onion, spinach, tomato , mushrooms		
Vegetarian Pasta (Contains nuts)		145
In a tomato OR creamy basil base with spinach, feta, peppadews and mushrooms		
Feta Salad (Contains nuts and seeds)		100
Rocket based salad topped with a deep-fried and panko crumbed feta block, fresh red onion, cherry tomato, avo and drizzled with balsamic glaze Served with a slice of toasted ciabatta bread		

Always inform your waiter of any allergies!

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I LOVE BEING VEGAN FROM MY HEAD TOMATOES