

Breakfasts

(served until 11H30)

The MBB originals

Small Breakfast	50
1 egg (scrambled or fried), streaky bacon, grilled tomato and 2 slices of toast, jam & butter	
Hobie Breakfast	60
2 eggs, streaky bacon, chips, grilled tomato, 2 slices toast, jam & butter	
Beach Breakfast	95
1 russian, 2 eggs (scrambled or fried), streaky bacon, grilled tomato, mushrooms and 2 slices of toast, jam & butter	
Eggs and Toast	40
2 eggs (scrambled or fried) on 2 slices of toast, jam & butter	
Muesli & Yoghurt	40
Layers of muesli, plain yoghurt and fresh fruit with a drizzle of honey	
Muesli & Yoghurt Smoothie - As above but blended	40
Eggs Benedict - Bacon	70
Served with bacon – 2 poached eggs, hard or soft only, on an english muffin dressed with hollandaise sauce	
Eggs Benedict - Salmon	110
Served with salmon – 2 poached eggs, hard or soft only, on an english muffin dressed with hollandaise sauce	
Banting Eggs Benedict	85
2 poached eggs, hard or soft only, bacon, cherry tomatoes, mushrooms, feta, spinach and hollandaise sauce	
SA Benedict—Boerie Benedict	75
2 slices home-made bread topped with: 2 mini boerewors patties, mild tomato achar, baby spinach and 2 poached eggs	
Breakfast Bata	90
2 slices of home-made bread topped with a choice of sirloin or chicken strips, cooked in a creamy, garlic, mushroom and onion sauce and 2 fried eggs	
Breakfast Bata - HALF OF ABOVE	55
200g Sirloin, eggs & onion rings	115
Served with chips	
Add grated cheese	20

They are making a comeback

French Toast	35
2 slices of bread dipped in egg and pan-fried, served with syrup	
Mince on Toast	55
savoury mince on toast, served with baked beans	
extra egg(s) served with breakfast	6.00 each

Try something NEW

Oats	30
A bowl of Oats, served with honey, butter and milk	
Muffin - Bran or Flavour of the day (ask your waitron)	40
Served with butter and jams	
Prawn and Mussel Omelet	75
3 Egg omelet filled with prawn meat, mussel meat, cream, cottage cheese and onion - served with toast, butter and jams	
Spanish Flair - Chicken or Bacon	85
Open 3 Egg Omelet with peppers, onions, mushrooms, tomatoes, a pinch of chilli and topped with mozzarella cheese	
The Sunrise Burger	95
Beef patty topped with a fried egg, streaky bacon and a splash of hollandaise sauce - Served on a sesame bun with a side of chips. Garnished with fresh tomato and caramelized onion	

Toasted Sandwiches

(served on white, brown or whole-wheat bread with chips)
(served until 17H00)

Plain Cheese	40
Cheese and Tomato	45
Bacon and Egg	60
Bacon and Cheese	60
Chicken Mayo	55
Bacon, Lettuce, Tomato & Mayo	65

Pizza

All onions on our pizzas are caramelized
 Our pizza Napoli sauce may contain onions
WHEAT FREE BASE EXTRA R20 , BANTING BASE EXTRA R15
 Available from 10 am

Regular Pizza's

Bianca	55
Garlic, caramelized onion and feta OR mozzarella	
Chita	55
Mozzarella, chilli and garlic	
Margherita	60
Tomato base and mozzarella	
4 Seasons	70
¼ pineapple, ¼ salami, ¼ mushrooms and ¼ olives	
Mixed 4 Seasons	85
Salmon	75
Smoked salmon, avo, rocket, cherry tomato, caramelized onions, sesame seeds, cream cheese & sushi mayo	
Hawaiin	80
Ham and pineapple	
Regina	80
Mushroom and ham	
Ossie Olive (contains nuts)	85
Basil pesto base topped with olives, mozzarella & fresh tomatoes	
Vegetarian (contains nuts)	85
Basil pesto base topped with olives, fresh tomatoes, mozzarella & rocket	

Gourmet Pizza's

Jackie's	95
Feta, salami, olives and garlic	
Pollo Chicken	95
Barbeque chicken, mushroom, pineapple & garlic	
Paradise	95
Bacon, avo & feta	
Pulled Pork	100
Rib basting base, sweet pork, mushrooms, avo & mustard sauce	
Simoné	100
Cajun chicken, peppadews & avo	
Miss Piggy	100
Bacon, salami & ham	
Knysna	105
Mushroom, garlic, bacon, caramelized onion & avo	
Lisa	105
Chicken mayo, bacon & pineapple	
Biltong	120
Sweet Chilli base, cream cheese, peppadews, avo and biltong	
Seafood	120
Seafood mix and garlic	

Pizza Toppings (each)

Onion, Garlic, Chilli	8
Tomatoes, Peppers, Mushrooms, Spinach, Rocket	15
Olives, Pineapple, Peppadews, Basil Pesto	15
Feta, Cheddar Cheese	20
Mozzarella, Bacon, Ham Diced, Salami, Mince, Chicken, Pulled Pork	20
Avo (Seasonal)	25
Seafood Mix	30

New to the Pizza menu

Breakfast Pizza	90
Margherita base with scrambled egg, bacon & topped with mozzarella	
Available in the kiddies size	60

Kiddies Menu

For kiddies under 12

Served from 10H00

Margherita pizza - small (20cm)	30
Hawaii pizza - small (20cm)	40

Served from 12H00

All kids meals are served with no garnish

Fish sticks & chips	30
Kids bolognaise	36
100G Beef burger & chips	50
100G Chicken burger & chips	50

Served all day

Ice-cream & chocolate sauce	20
Ice-cream cone	10
(vanilla, strawberry or chocolate)	
Slushy	20

Desserts

Ice – Cream and Choc sauce	35
Choice of chocolate, strawberry or vanilla	
Malva Pudding	40
Tiramisu	35
Peppermint crisp tart	55
Cake of the Day	55

Toasted Sandwiches

(served on white, brown or whole-wheat bread with chips)

(served until 17H00)

Plain Cheese	40
Cheese and Tomato	45
Bacon and Egg	55
Bacon and Cheese	55
Chicken Mayo	55

Starters

(Served from 12H00)

Garlic Pita	25
Garlic & Feta Pita	40
Bianca Pizza	55
Garlic, caramelized onion and feta OR mozzarella	
Chita Pizza	55
Mozzarella, chilli and garlic	
Soup of the Day	50
ASK YOUR WAITRON OR GLANCE @ OUR SPECIALS BOARDS	
Bitteballen	40
6 krokettenballe served with a mild mustard sauce or sweet chilli mayo	
Crumbed Mushrooms	55
Served with tartare sauce	
Garlic Snails	70
Escargot baked in garlic butter served with homemade bread	
Blue Snails	85
Escargot baked with garlic butter & roquefort cheese, served with homemade bread	
Creamy Garlic Mussels (10)	60
Fresh mussels in a garlic, onion and cream sauce, served with homemade bread	
Calamari	50
100g calamari, floured and deep-fried, served with tartare sauce	
Tapas Platter	90
Garlic pizza served with feta, humus, tzatziki, olives and salami on the side	



10% Gratuity is added to tables of 8 or more

PLEASE LOOK AT OUR SPECIALS BOARD

Nachos

(Served from 12H00)

Nachos – Mild or Spicy	115
Tortilla chips, cheddar & mozzarella cheese, cream cheese, guacamole and salsa	
Bacey nachos	130
Tortilla chips, diced crispy bacon, cream cheese, mozzarella & cheddar cheese, guacamole and salsa	
Sticky chicky nachos	140
Tortilla chips, sweet chilli chicken, cream cheese, mozzarella & cheddar cheese, guacamole and salsa	

Salads

(Served from 12H00)

All salads are served on a base of lettuce, cucumber, tomato, and caramelized onion

Greek	60
Basic green salad with feta and olives	
Pulled Pork Salad	85
Basic green salad with sweet pulled pork & avo	
Pelican	100
Basic green salad with cheddar cheese, creamy cajun chicken, crispy bacon, pineapple and avo	
Creamy Chicken Mayo	85
Basic salad with creamy chicken mayo, pineapple & cheddar cheese	
Crispy Beef Salad (Contains sesame seeds)	90
Basic salad served with 100g battered beef strips served with a sticky Asian sauce	
Seafood Salad	110
Basic salad topped with a mix of prawn meat, mussel meat & calamari in garlic with 1 000 island dressing	
Side Salad	20
Lettuce, tomato, cucumber, onion and carrots	

Burgers

(Served from 12H00)

Served with chips & thin onion rings on a jumbo sesame bun

Beef Burger (200g)	85
Chicken Burger (150g)	85
Grilled or deep-fried	
Sauce Beef or Chicken Burger	90
A choice of mushroom or pepper or cheese or mustard sauce	
Slab Cheese Burger	95
Beef or Chicken	
Calamari Burger	90
Deep-fried calamari strips served with tartare sauce	
Pulled Pork Burger	85
Pulled pork drizzled with a mustard sauce	
Gourmet Cheddar Melt	105
Slab of cheese topped with creamy mushroom sauce	
Gourmet Biltong	105
Creamy mushroom sauce with biltong, coriander, green pepper corns	
Wacko Jaco Burger	110
150g beef strips fried in garlic butter with peri-peri spice	

Extras:

Flour based sauces	25
mushroom or cheese or pepper	
Cream based sauces (made on order)	35
mushroom or pepper or creamy garlic	
Slab of cheese	20
Thin onion rings	15
Small chips	20
Large chips	40

**When leaving the table
Please wear your mask
It is the LAW**

No separate Bills

Meat Dishes

served with chips/side salad/rice/mash/veg
Choice of one. (Served from 12H00)

200g Sirloin, eggs & onion rings 115

Pork Loin Ribs – 400g 160

Sirloin - 300g or Fillet 200g 150

STEAKS BELOW ARE SIRLOIN 300g or Fillet 200g

Pepper Steak 190

Cheddarmelt Steak 175

Steak with a slab of cheddar cheese and topped with a creamy sherry sauce, bacon, mushroom and onions

Yummy Tummy 210

Topped with melted cheddar cheese, caramelised onion, mushrooms, avo, rocket drizzled with balsamic cream

Wacko Jaco Strips 80

150g Beef strips, fried in garlic butter with peri-peri spice

Combo Dishes

served with chips/side salad/rice/mash/veg
Choice of one. (Served from 12H00)

Mussel and Calamari 115

Hake and Calamari 130

Seafood Fry-Up 180

Deep-fried hake goujons, 100g deep-fried calamari, 3 queen prawns, 5 creamy garlic mussels and CHIPS ONLY

Seafood Platter for ONE 260

10 creamy garlic mussels, 100g deep-fried calamari, deep-fried hake goujons and 4 queen prawns with garlic OR lemon OR peri-peri sauce

Snack Platter 180

Crumbed chicken strips, battered and deep fried calamari strips, 1 pork Russian, crumbed mushrooms, 2 tempura prawns and chips

No extra prawns unfortunately



Chicken Dishes

served with chips/side salad/rice/mash/veg
Choice of one. (Served from 12H00)

Chicken Schnitzel 90

Crumbed & Deep-Fried, choice of mushroom/pepper/cheese/mustard sauce

Grilled Chicken Fillet 90

Basted, choice of mushroom/pepper/cheese/mustard sauce

Chicken Cheddar Melt 110

200g chicken fillet grilled with slab of cheddar cheese and topped with a creamy sherry sauce, bacon, mushroom and onions

Chicken Strips and chips 65

Pasta Dishes

AVAILABLE IN LINGIUNI or PENNE PASTA
(served from 12H00)

Vegetarian (Contains nuts) 70

In a tomato OR basil pesto OR cream base with spinach, feta, peppadews and mushrooms

Bolognaise 70

In a traditional tomato base bolognaise sauce and mince

Carbonara 90

In a sherry cream sauce with mushrooms, onion, ham and bacon

Florentina 115

In a sherry cream sauce with 100g beef strips, onion, peppers, garlic, mushrooms, topped with mozzarella cheese and baked in pizza oven

Seafood Pasta 115

Creamy based, mild curried pasta with seafood mix, topped with 4 fresh mussels

Chicken and prawn pasta 145

Creamy based, mild curried pasta with 100g chicken, 100g prawn meat.

Seafood Dishes

served with chips/side salad/rice/mash/veg
Choice of one. (Served from 12H00)

Calamari Main 105

200g calamari strips, floured and deep-fried, served with tartare sauce

Fish - Hake 100

Hake, grilled or battered and deep-fried

Creamy Garlic Mussels (20) 110

Fresh mussels in a garlic, onion and cream sauce with a side of your choice (when available)

Kraalbaai Thermador 120

Hake, prawn meat, mussel meat and calamari all mixed in a garlic & onion creamy sauce, topped with mozzarella cheese and baked in pizza oven

Godfather mussels 125

20 crumbed half shell fresh mussels topped with a creamy garlic/mayo sauce, with bacon and mozzarella, baked in the pizza oven

Marc's Beach Bar Hake 150

Grilled hake topped with a mild seafood curry and parmesan cheese

Sesame seed Ocean salmon Trout 220

Served with wasabi, pickled ginger and a salted or dark soya sauce

Linefish SQ

[ask your waitron or look @ the specials board](#)

Curry Dishes - (when available)

Served with basmati rice
Option of poppadum's or naan bread

Seagull Curry 85

(Does not contain Seagull but it does contain nuts)
Our version of butter chicken curry - Chicken, onions and garlic in a spicy yoghurt based sauce

Cape Malay Curry (contain nuts) 150

Lamb and potato curry with various Indian spices

Pizza Toppings (each)

Onion, Garlic, Chilli	8
Tomatoes, Peppers, Mushrooms, Spinach, Rocket	15
Olives, Pineapple, Peppadews, Basil Pesto	15
Feta, Cheddar Cheese, Mozzarella	20
Bacon, Ham Diced, Salami, Mince,	
Chicken, Pulled Pork	20
Avo (Seasonal)	25
Seafood Mix	30

Pizza

Our pizza Napoli sauce may contain onions
All onions on our pizzas are caramelized

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BANTING BASE EXTRA R15

Available from 10 am

Bianca 55

Garlic, caramelized onion and feta OR mozzarella

Chita 55

Mozzarella, chilli and garlic

Margherita 60

Tomato base and mozzarella

4 Seasons 70

¼ pineapple, ¼ salami, ¼ mushrooms and ¼ olives

Mixed 4 Seasons 85

Salmon 75

Smoked salmon, avo, rocket, caramelized onions, cherry tomato, sesame seeds, cream cheese & sushi mayo

Hawaii 80

Ham and pineapple

Regina 80

Mushroom and ham

Ossie Olive (contains nuts) 85

Basil pesto base topped with olives, mozzarella & fresh tomatoes

Vegetarian (contains nuts) 85

Basil pesto base topped with olives, fresh tomatoes, mozzarella & rocket

Jackie's 95

Feta, salami, olives and garlic

Pollo Chicken 95

Barbeque chicken, mushroom, pineapple and garlic

Paradise 95

Bacon, avo & feta

Pulled Pork 100

Rib basting base, sweet pork, mushrooms, avo & mustard sauce

Simoné 100

Cajun chicken, peppadews and avo

Miss Piggy 100

Bacon, salami and ham

Knysna 105

Mushroom, garlic, bacon, caramelized onion and avo

Lisa 105

Chicken mayo, bacon & pineapple

Biltong 120

Sweet Chilli base, cream cheese, peppadews, avo and biltong

Seafood 120

Seafood mix and garlic

Please call the host before moving to another table.

(There is reason to the madness)